



Coffee Chat: What We're Actually Reading: L&D Picks for Summer

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Transcript

<https://otter.ai/u/ecEAT56j-O4UrV3pwi1Ekh4-Y0E?view=summary>

Overview

The Learning Rebels Coffee Chat on July 3 discussed reading habits and preferences. Shannon Tipton noted the heat in various locations, including 89°F in Northern California and 93°F in Baltimore. Participants shared their reading strategies, including using audiobooks, Kindle apps, and Hoopla for library ebooks. Brandon recommended paperback swap for saving money on books. The group discussed the challenges of reading nonfiction books with poor layouts and the benefits of themed book clubs. They also shared personal collections, such as mythology books and cookbooks. The session concluded with a recommendation for a Betty White biography and tips for maintaining a reading habit.

Action Items

- [] @Shannon Tipton - Coordinate with Devonna and Angela so that all resources shared during this coffee chat (including links and materials) are compiled and emailed to attendees, targeting delivery over the upcoming weekend.
- [] @Shannon Tipton - Post the Zoom link for the next Learning Rebels Coffee Chat in the chat at the end of this session so participants can easily register.

Outline

Learning Rebels Coffee Chat Introduction

- Shannon Tipton welcomes everyone to the Learning Rebels Coffee Chat, noting the small turnout due to the holiday.
- Shannon mentions the heat and suggests enjoying indoor time together.
- Cynthia and Shannon discuss the Fourth of July fest and the hot weather.
- Shannon introduces herself as the owner of Learning Rebels and moderator of the chat.

Discussion on Heat and Locations

- Shannon and Cynthia discuss the extreme heat in various locations, including Northern California, Baltimore, and Fort Worth.
- Shannon and Cynthia joke about the heat and the challenges it brings.
- Shannon mentions the European friends who want to visit New York and Hollywood, highlighting the travel time.
- Shannon transitions to the main topic of the chat: discussing books and reading habits.

Reading Habits and Strategies

- Shannon shares her thoughts on people using "I don't have time" as an excuse for not reading.
- Shannon suggests auditing one's day to find time for reading, such as waiting in doctor's offices or appointments.
- Shannon and Brandon discuss the benefits of audiobooks for commuting and other activities.
- Brandon recommends the Kindle app and Hoopla for accessing ebooks from local libraries.

Book Recommendations and Personal Reading Preferences

- Shannon and Brandon discuss their favorite books and authors, including Julie Dirksen

and Katrina Kennedy.

- Shannon shares her preference for not writing in physical books but using post-it notes and Kindle highlights.
- The group discusses their reading habits, including the use of colored sticky tabs and bookmarks.
- Brandon asks about the group's approach when a book doesn't resonate, leading to a discussion on finishing books.

Challenges with Book Formats and Writing Styles

- Shannon and the group discuss the challenges of reading nonfiction books with poor layouts and small text.
- Shannon mentions the use of SQ3R (Survey, Question, Read, Recite, Review) method for studying.
- The group shares their experiences with different book formats, including physical books, audiobooks, and ebooks.
- Shannon and the group discuss the impact of book publishers' choices on readability, such as ink color and paper quality.

Book Clubs and DEI Initiatives

- Shannon and the group discuss the benefits of book clubs, both for personal enjoyment and professional development.
- Shannon shares her experience with a book club ERG at her credit union, focusing on fiction and theming books to monthly events.
- The group discusses the importance of making book clubs fun and inclusive.
- Shannon and the group share their favorite books and reading habits, including collections and themed bookshelves.

Recommendations for Leadership Development Books

- Shannon recommends John Maxwell's leadership books and workbooks for building internal leadership development programs.
- The group discusses the importance of addressing capability and competency gaps in leadership development.
- Shannon shares her favorite nonfiction books, including "Value Proposition Design" and "Imagine It Forward."
- The group discusses the benefits of reading for professional development and personal growth.

Final Tips and Recommendations

- Shannon asks the group to share their favorite reading tips and tips for keeping up with

reading.

- The group shares tips such as using paperback swap, listening to audiobooks while walking, and making reading a habit.
- Shannon and the group discuss the importance of finding time for reading and integrating it into daily routines.
- Shannon concludes the chat by thanking everyone for their participation and sharing information about the next Learning Rebels Coffee Chat.